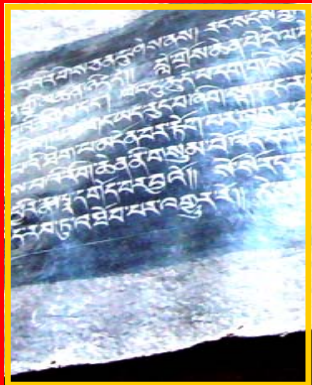


## Vision of The Bodhicitta Foundation

- *The study, practice and preservation of ancient texts and teachings of Tibetan Buddhism*
- *Experiencing profound meditation practices that open mind and heart*
- *Cultural exchanges to change our world for the better*
- *A retreat community in timeless beauty*

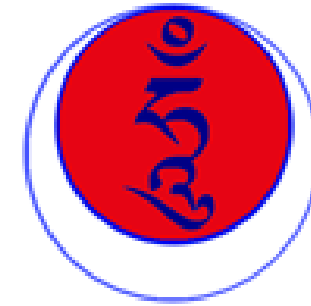


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The Bodhicitta Foundation  
127 Cherry St. Apt. #3 Cambridge, MA 12139  
[www.lamagursam.org](http://www.lamagursam.org)



## The Bodhicitta Foundation

*Committed to the study, practice and preservation of authentic Tibetan Buddhist methods that lead to inner and global peace*

Contact Us:  
[www.lamagursam.org](http://www.lamagursam.org)  
[TBFpeace@gmail.com](mailto:TBFpeace@gmail.com)  
802-989-4997

TBF is a501(c)3  
Charity Organization



***“As long as space remains, as long as living beings remain, until then, may I too remain and dispel the miseries of the world”***

*His Holiness the Dalai Lama quoting Master Shantideva*



Yogi Lama Gursam

## ***The Bodhicitta Foundation***

was founded in 2006 by **Yogi Acharya Lama Gursam** with the blessings of H.H. Chetsang Rinpoche, the head of the ***Drikung Kagyu lineage of Tibetan Buddhism***. Yogi Lama

teaches Buddhist philosophy, meditation and Tibetan language. Earning his Acharya degree with honors, he previously taught at the Drikung Kagyu Institute in Dehra Dun, then in the West since 1995. Under the guidance of his heart lama H.E. Garchen Rinpoche, he completed a traditional 3 year retreat and continues to cultivate his own deep practices for several months every year. He travels to teach, lead retreats and bestow empowerments as well as initiate **World Peace** and **Animal Earth Blessing** gatherings in over 30 locations every year.

Yogi Lama Gursam teaches in fluent English in a way which is inclusive of families with children and when possible he loves to include animals as well.



Animal Blessings

## **Timeless Wisdom**

The specialty of the Drikung Kagyu lineage is the transmission of the ***Mahamudra*** and the Six Yogas of Naropa. These teachings offer insight into the nature of reality, ones own mind and the development of compassion through methods of prayer, meditation and profound yogic practices.

The in depth ***study, preservation and translation*** of these and other ancient texts and practices are the primary goals of The Bodhicitta Foundation. Lessons in basic Tibetan Language are available as well.

There are many yearly teachings and retreats held through out the USA and Canada with established Bodhicitta Foundation Sangha groups and other centers. You can find an up to date schedule of events on our website.



Pilgrims meet HH Dalai Lama

## **Pilgrimage**

Every two years Yogi Lama leads a group on pilgrimage to the sacred sites of Lord Buddha and to meet living Tibetan masters including H.H. the Dalai Lama. This has been a life changing, transformative experience for many.



H.H. Chetsang Rinpoche

## **Meditation Community**

The Bodhicitta Foundation has established a fund for a retreat center conducive to solitary and group meditation retreats. We are seeking out a location with an atmosphere of peace and pristine natural beauty where we hope to build an environmentally sustainable community in support of **yogis, yoginis** and **all beings!**

### ***How to Support TBF***

All donations are tax deductible

Make checks payable to:

**The Bodhicitta Foundation**

Send to: **The Bodhicitta Foundation**  
127 Cherry St. Apt. #3  
Cambridge, MA 12139

**To invite Lama Gursam for teachings write:**  
**[tbpeace@gmail.com](mailto:tbpeace@gmail.com)**

**For information about TBF events and pilgrimages go to:**

**[www.lamagursam.org](http://www.lamagursam.org)**